



"You gave us an education about why we need education." –Evan, middle school student, Washington

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Who We Serve

Middle and High School teens in
their classrooms and beyond!

Turn a teen around today: Host CHOICES at Your School!

You're invited! We are pleased to invite your middle school to participate with us in the nationally recognized CHOICES workshop that helps eighth grade students stay "into" school!

What is CHOICES? CHOICES is an interactive decision-making workshop focused on keeping teens in school, motivating them toward their education and future, and introducing them to practical skills to help them succeed. Trained volunteers take students through real-world exercises on the consequences of leaving school early and the opportunities gained by staying in school. They also introduce teens to practical life skills for success. Started in 1984 by a concerned Seattle dad, more than six million US teens have since experienced CHOICES.

What's the impact? Students give CHOICES an "approval rating" of 85%, and teachers give it 97%. In a study of at-risk students, those who participated in CHOICES increased their school engagement 47% more than those who did not. This indicates a strong correlation between participation in CHOICES and positive school engagement.

Why would you want CHOICES for your students? CHOICES takes place right in your eighth grade classrooms during the school day. It's led by positive adult role models from your community, who join the class either in-person or online to engage students in fun, fast-paced activities, using experiential learning and critical thinking to help them thoughtfully consider their choices. Students are empowered to take responsibility for their choices and their futures, and teachers are supported and reinforced with new activities and resources – and get more engaged students. Everybody wins!

What's the cost and commitment? The CHOICES workshop and materials are free to schools. For every 30 students served we'll need one 50-minute class on each of two consecutive days in a core subject – that way every eighth grade student in the school can participate. We'll work with you to schedule the classes and will provide resources to help your teachers quickly and easily prepare their students and classrooms for our guest speakers. Teachers must be present during both workshop sessions, but do not need to learn or provide any content, A/V access or other materials for the workshop – we'll take care of all that!

How do you sign up? Contact Leo Muller at lmuller@choices.org or 206.246.4237 for more information and to learn how you can bring CHOICES to your middle school!

Sincerely,

Leo Muller
Executive Director
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